

STATE OF WISCONSIN

GOVERNOR'S TASK FORCE ON REDUCING PRESCRIPTION DRUG PRICES

Wifi Network: matcguest



Leonard D. Schaeffer Center for Health Policy & Economics

USC Price Sol Price School of Public Policy

PBM Economics and New Pricing Models

Neeraj Sood, PhD

Vice Dean for Research and Professor,

USC Price School of Public Policy & USC Schaeffer Center

January 22, 2020 Governor's Task Force on Reducing Prescription Drug Prices Milwaukee, WI

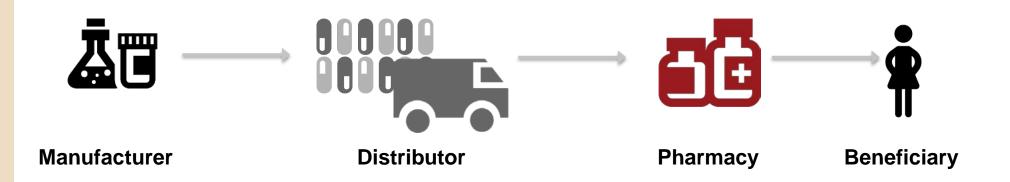
PBM Economics and New Models

1. PBM economics

- What is the role of PBMs in the pharmaceutical supply chain?
- How well is the PBM market functioning?
- Potential policy solutions
- 2. Subscription models for prescription drugs

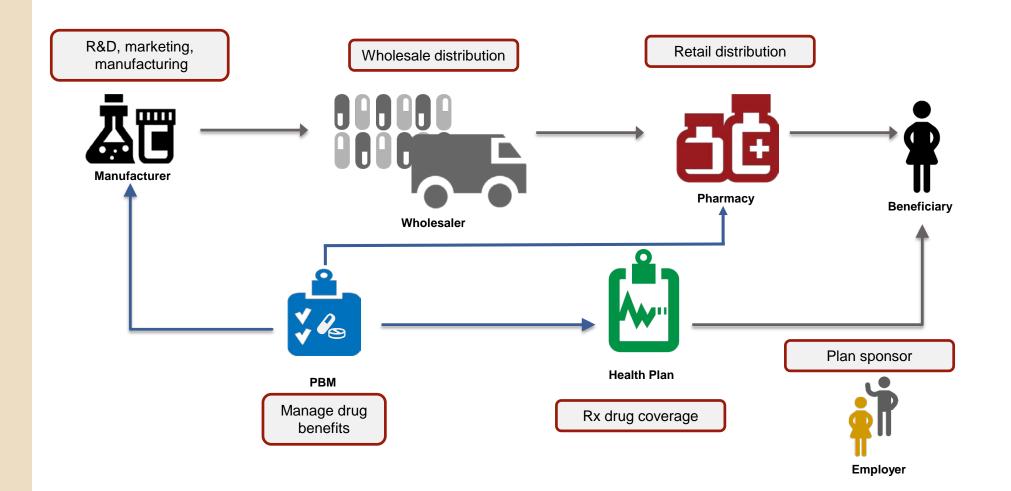


Flow of prescription drugs



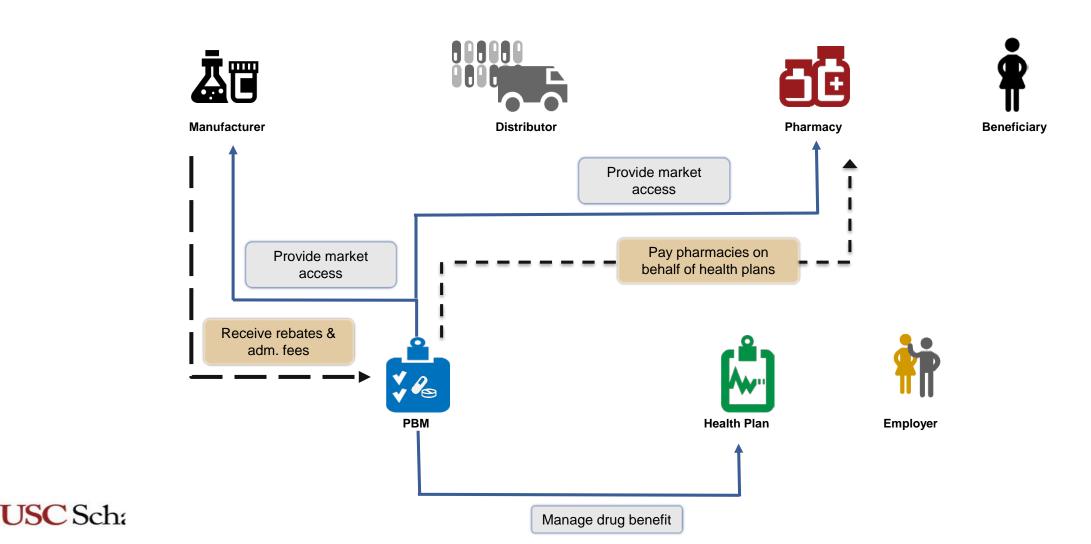
PBMs are true middle men, they play no role in the physical distribution of prescription drugs to consumers

Flow of services



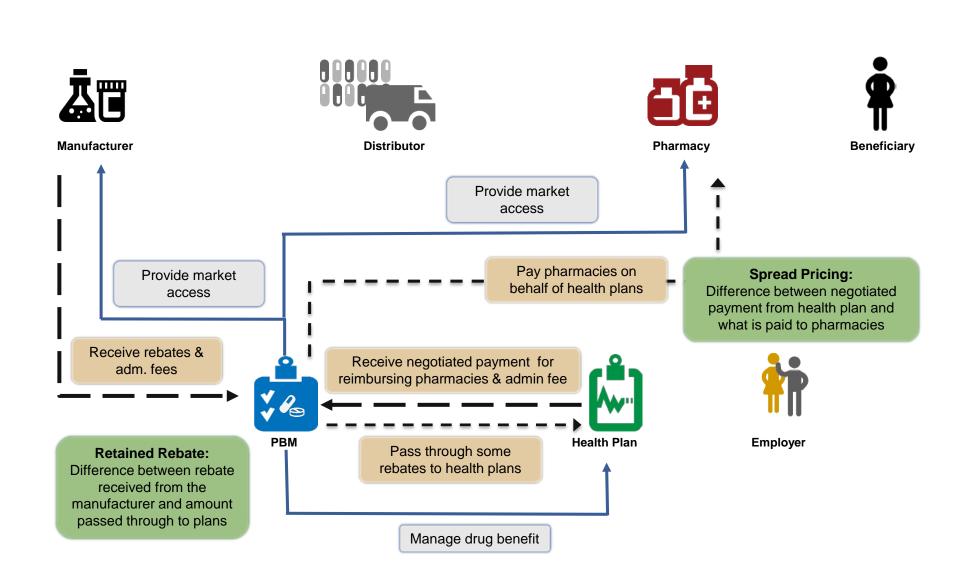
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PBM relationship with other supply chain participants



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How do PBMs make money?



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PBM Economics

- What is the role of PBMs in the pharmaceutical supply chain
- How well is the PBM market functioning?
- Potential policy solutions

Trickle down rebates ...

Buying a house:

- Sally is considering buying a house.
- Her real estate agent is John.
- John negotiates with the seller a \$10,000 reduction in the price of the house.
- Sally pays \$10,000 less for the house.



Scenario:

- She now has two agents: John & Joe
- John negotiates a \$10,000 discount from the seller. The amount is secret and not disclosed. He keeps some of the money and passes the rest to Joe.
- Joe keeps some of the undisclosed money received from John and passes the rest to Sally.
- How much of the \$10,000 did Sally receive?



Lack of transparency means consumers might not benefit from higher rebates

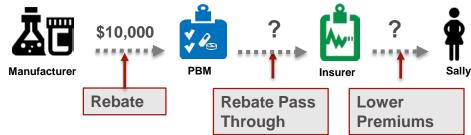
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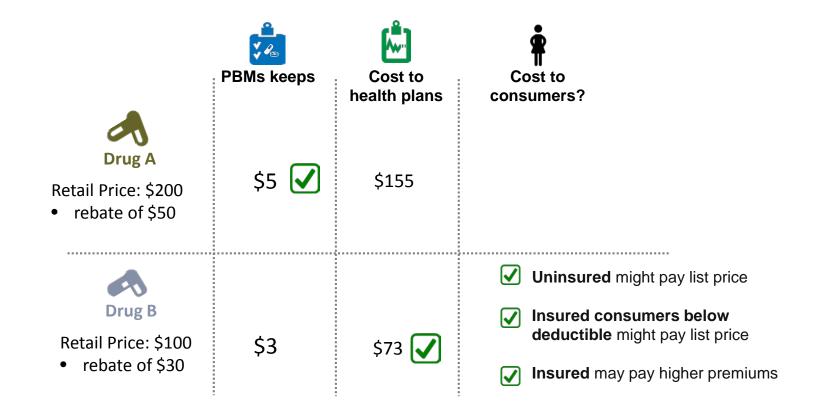


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Rebates misalign incentives: Not choosing cheaper drugs



Assume retail and wholesale mark-up is 10%; PBM keeps 10% of rebate

Lack of competition in the supply chain

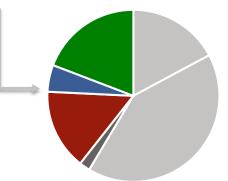
• Highly concentrated supply chain with few key players controlling large market shares



EXPRESS SCRIPTS

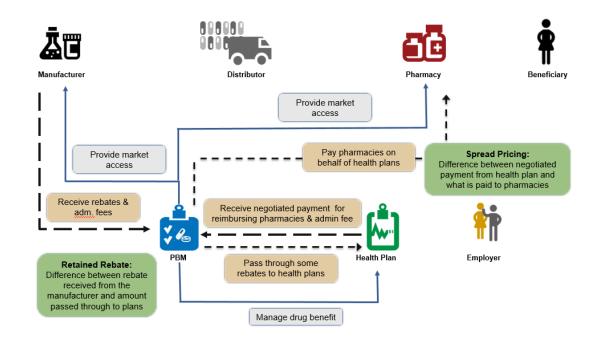


- Top 3 PBMs account for roughly 75% of covered lives
- Wholesale, pharmacy and insurer markets are also highly concentrated
- Of \$100 spent on drugs, \$42 goes to PBMs, wholesalers, pharmacies, and insurers.



Consolidated PBM markets means higher costs for consumers

- Dominant PBMs might negotiate higher rebates but not pass rebates to health plans
- Dominant PBMs might engage in excessive "spread pricing"



New wave of vertical consolidation in pharma supply chain might further curtail competition

- Misaligned incentives
 - A PBM that owns a pharmacy might favor its own pharmacy even if rival pharmacies have lower costs
 - A PBM that owns a health plan might try to increase drug costs of rival health plans
- Barriers to entry
 - Need to entry several distinct supply chain markets to effectively compete in the market



PBM Economics

- What is the role of PBMs in the pharmaceutical supply chain
- How well is the PBM market functioning?
- Potential policy solutions

Recommendation one: Improve drug price transparency throughout the supply chain

- Improve drug price transparency throughout the supply chain by following the flow of money for "tracer" drugs.
- Tracer drugs are:
 - Those that account for significant fraction of state/federal spending on drugs
 - Those that have experienced significant increase in list price
- Any firm (manufacturer, wholesaler, PBM, pharmacy etc) that does not participate cannot get state/federal funding

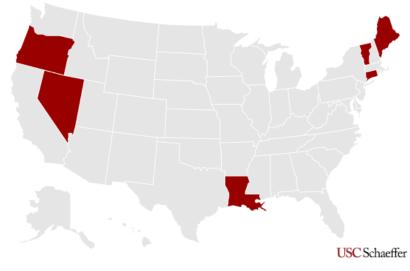
Evaluation of recent state policies show limited improvement in transparency

166 drug pricing bills identified between 2015 and 2018

→ 35 bills passed in 22 states included a transparency component

→ **7** bills were "informative"

Informative: reveals previously unavailable information in the form of profits or real transaction prices for supply chain participants



INFORMATIVE STATE DRUG PRICING TRANSPARENCY LEGISLATION

No state targeted all five of the distribution entities

- Vermont requires that insurers report net price
- Maine requires that manufacturers report net price
- Oregon and Nevada require manufacturers report profits
- Connecticut, Louisiana, and Nevada require PBMs report rebates in aggregate (not at the drug level)
- No state passed laws that together revealed true transaction prices or profits across the system



Figure 4: Number of States Targeting Each Entity Through Transparency Legislation

Recommendation two:

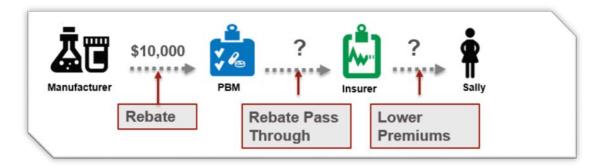
Move from a rebate system to a discounts model

- Discount model ensures that price reductions are passed to health plans and consumers
- Discount model better aligns incentives of PBMs with incentives of payers and consumers



Recommendation three: Mandate pass-through of rebate to consumers

- Ensures that consumers get the benefits of rebates
- More equitable as sick consumers using drugs are not subsidizing healthy consumers not using drugs



Example:

- Louisiana prohibits PBMs from retaining any rebates or spread pricing if the LA Dept. of Health chooses to not carve out pharmacy services
- New York and Ohio have made recommendations

Recommendation four: Outlaw unfair business practices of PBMs

- Limits to spread pricing
- Minimum rebate pass through
- Limits to favorable pricing for affiliated business units such as health plans and pharmacies

Example:

- In some states PBMs can't require use of mail order pharmacies (ostensibly their own)
- More could be done

Recommendation five: Reduce barriers to entry in the PBM market

• I do not know how to do this, but it is a good idea!

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PBM Economics and New Models

- 1. PBM economics
- What is the role of PBMs in the pharmaceutical supply chain?
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- Potential policy solutions
- **2. Subscription models for prescription drugs**

My journey into subscription models started in 2015

It was motivated by three facts:

Fact 1: According to the CDC 20,000 people die from hepatitis C in the US each year

More than the combined death toll from 60 other infectious diseases including HIV

More than 6 times the death toll from 9/11

The high death toll would be understandable if there was no cure for the disease

Fact 2: Hep C is curable; in 2014 a drug with a 95% cure rate hit the market



Fact 3: Populations that are most vulnerable have the least access...

Less than 3 in 100

Medicaid beneficiaries have received the cure.

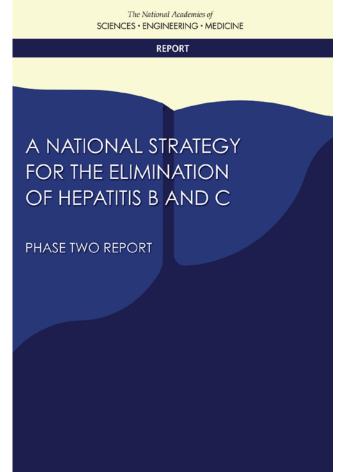


Fact 3: Populations that are most vulnerable have the least access...

Less than 1 in 100

Prison inmates have received the cure.

The National Academies of Science proposed a subscription model for Hep C cures in 2017



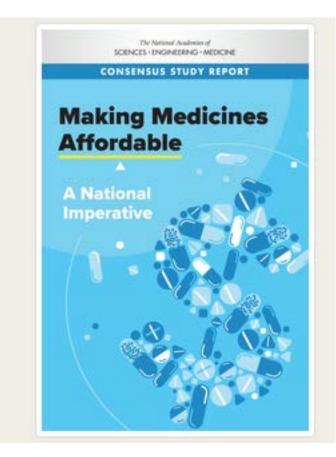
Key points of National Academies recommendation:

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- Voluntary transaction between companies producing Hep C cures and the federal government
- 2. The federal government would make a lump sum payment to one company
- In return, the company would make the cure available free of cost to under served markets such as Medicaid, Indian Health Service and Prisons

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Louisiana is the first state to implement the subscription model



Annals of Internal Medicine[®]

LATEST ISSUES CHANNELS CME/MOC IN THE CLINIC JOURNAL CLUB WEB EXCLUSIVES AUTHOR INFO

«PREV ARTICLE | THIS ISSUE | NEXT ARTICLE = IDEAS AND OPINIONS | 17 JULY 2018

A Novel Strategy for Increasing Access to Treatment for Hepatitis C Virus Infection for Medicaid Beneficiaries

Neeraj Sood, PhD; Diane Ung, JD; Anil Shankar, JD; Brian L. Strom, MD, MPH

Policy brief: A novel strategy for increasing access to Hep C treatment for Medicaid beneficiaries

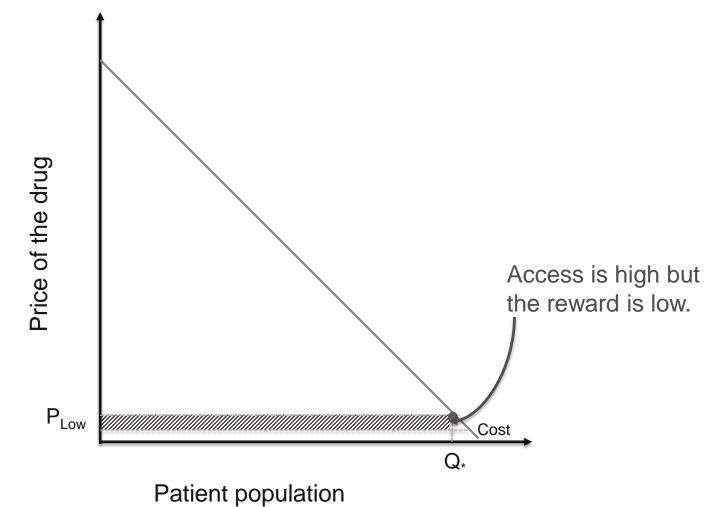
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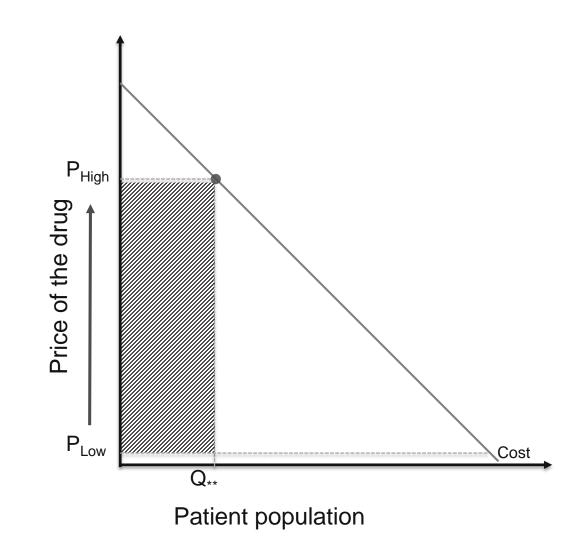
Editor's Note: This analysis is part of the USC-Brookings Schaeffer Initiative for Health Policy, which is a partnership between the Center for Health Policy at Brookings and the University of Southern California Schaeffer Center for Health Policy & Economics. The Initiative aims to inform the national health care debate with rigorous, evidence-based analysis leading to practical recommendations using the collaborative strengths of USC and Brookings.

Four other states have also received CMS approval

Low prices promote access but do not reward innovation

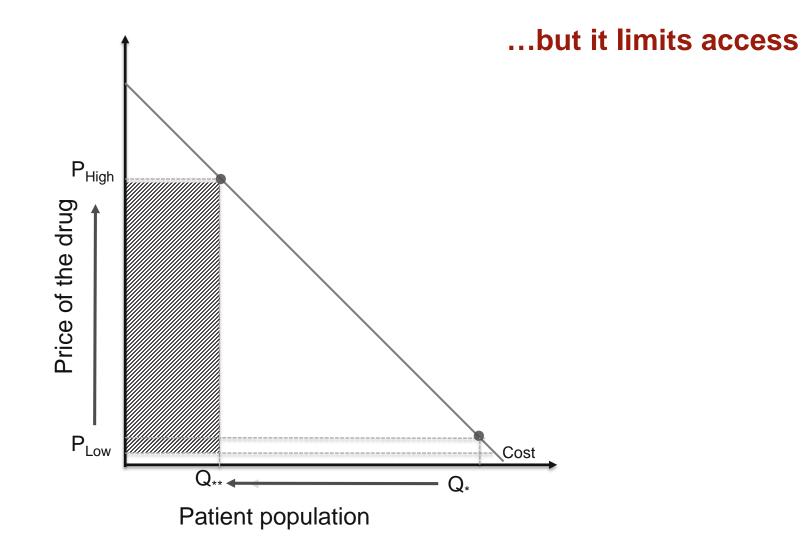


Firms set high prices to make money

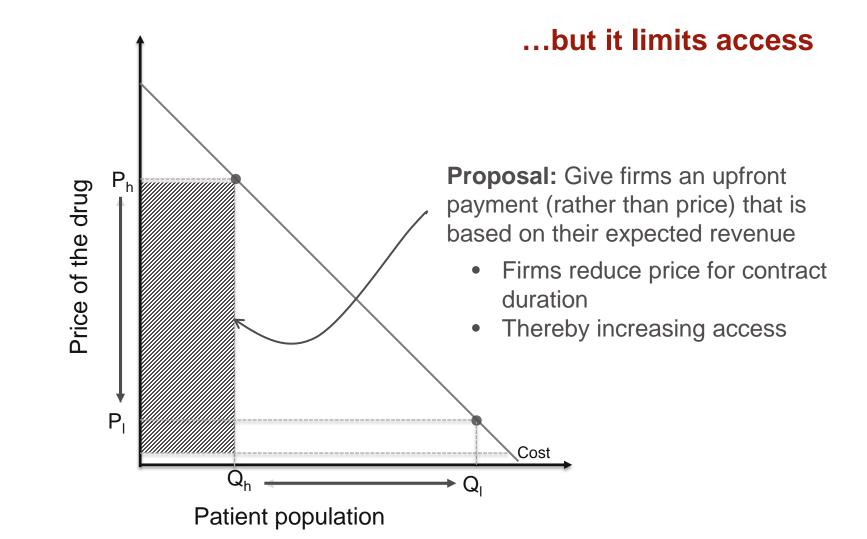




Firms set high prices to make money



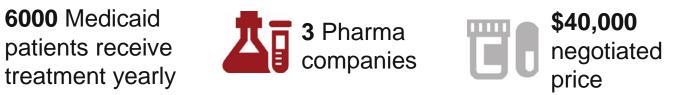
Firms set high prices to make money



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For example



patients get drug A = **\$160** Million

patients get drug B = **\$40** Million

patients get drug C = **\$40** Million



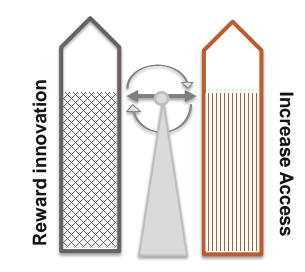
Total cost to the state and federal government: **\$240 Million**

State negotiates with one company on expected revenue instead of price per treatment

\$200 Million for one year







Significantly more patients receive treatment

Incentive to innovate is maintained

Subscription model is not the same as volume-based discounts

	Subscription model	Modified subscription model	Volume-based discounts model				
Description →	Pay a fixed upfront fee for unlimited supply	Pay a fixed price per treatment up to a cap; zero after cap is reached	Price per treatment decrease with volume				
Requires upfront payment	Yes 🗸	Νο 🗙	Νο 🗙				
Marginal cost to payer of treating additional person	0	+ before cap; 0 after cap	+				
IMPLICATIONS							
Manufacturer assured fixed revenue	Yes 🗸	No 🗙	No 🗙				
Lowest cost for eliminating Hep C	Yes 🗸	Νο 🗙	Νο 🗙				
Incentive to treat additional people	Maximum	Increases w/volume; Maximum after cap	Increases w/volume				
Cost to state with status quo	High	Low	Low				

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Can the subscription model work in other markets?

• Can it work in other states?

- Yes, but need the right leadership
- Need partnership with CMS (Washington, Oklahoma, Michigan, and Colorado are prime examples)
- Need to make commitment to expand testing and linkage to care
- Need to steer demand for preferred drug

• Can it work in the commercial insurance market

• Yes, only if we change Medicaid best price rules

Can the subscription model work for other drugs?

• Yes, if the following conditions hold

- 1. There is an access problem with status quo pricing model
 - Significant fraction of patients who can clinically benefit from the drug cannot afford the drug even with insurance

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- 2. The scope for moral hazard is minimal
 - The risk of inappropriate use is minimal even with zero price or copay
- 3. There is some competition with several potentially substitutable products
- For example, insulin meets all these conditions

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Policy recommendations

- Make it easier for states to implement the model in Medicaid
 - Provide technical and monetary resources to implement the model
 - CMS should streamline review
 - Change regulations and laws so that a waiver is not required
- Change Medicaid best price rules to make an exception for subscription models



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STATE OF WISCONSIN

GOVERNOR'S TASK FORCE ON REDUCING PRESCRIPTION DRUG PRICES

Contact information: Email: OCIRXDrugTaskForce@wisconsin.gov Website: RxDrugTaskForce.WI.gov

IngenioRx Overview

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Rob Gallé

Chief Operating Officer, IngenioRx



The market is looking for a better path forward. Long considered one of the most cost-effective tools in health care, many now view pharmacy care as a runaway train of escalating costs fueled by misaligned incentives.



Our mission is to help our clients and members reclaim the power of pharmacy

As a fully-scaled pharmacy benefits manager (PBM), IngenioRx will deliver the full capabilities of a traditional PBM wrapped in a bold vision to demystify pharmacy and maximize whole health.

Restoring trust and confidence.



Introducing IngenioRx

A new company with an established pedigree



managed annually

Anthem's average C-Sat rating by NCQA¹

#1

≈1 in 8

Americans are Anthem members² 30 years

experience driving pharmacy strategy

≈68,000

network pharmacies³

>175MM pharmacy claims

onarmacy claim annually³ >6,000 wholly dedicated Rx associates



NCQA Health Insurance Plan Ratings 2018–2019 - Private Summary Report (accessed February 2019): healthinsuranceratings.ncqa.org.
 Statistic derived by comparing the U.S. census data (census.gov/popclock/) to Anthem current membership (39.5M, internal data accessed December 2018).
 Anthem, Inc. internal data, January 2020.



A vision for moving pharmacy forward

Solutions today while changing tomorrow

Whole-health approach

FROM

- A focus on optimizing drug price
- Fragmented care & interventions
- Misaligned incentives across the continuum of care

TO

- A focus on optimizing total cost
- A streamlined approach to care
- Innovative partnerships that align around the patient

Demystify and simplify pharmacy

FROM

- Opaque economics
- "Arbitrary" decision-making
- Complicated processes and language

TO

- Clear line of sight into pharmacy cost drivers
- Benefit-agnostic approach focused on simplifying care
- A consumer-centric mentality

Create collaborative relationships

FROM

- Multiple points of contact
- Influencing outcomes by interrupting care

TO

- A single source of truth
- Delivering insights to the exam room



A whole-health approach with guaranteed impact

What that means

Singular focus on total cost of care

Maximizing value across stakeholders

Deep partnership with providers

INGENIORX

What we do

Plan-specific, total cost guarantees Wholly independent formulary process Consistent approach to cost management

Optimizing site-of-care decisions

Value-based arrangements with providers

Holding manufacturers accountable for outcomes

Consistent clinical criteria across medical and pharmacy

Pushing actionable insights to the exam room

Thinking nationally, acting locally

Value of our programs

Disease/ condition	Impact	
Asthma	14% fewer admissions8% lower medical costs\$588 PMPY savings	
Kidney Disease	13% fewer admissions3% lower medical costs\$444 PMPY savings	
Coronary Artery Disease	 13% fewer admissions 9% lower medical costs \$1,068 PMPY savings 	
Diabetes	 7% fewer admissions 7% lower medical costs \$600 PMPY savings	
Heart Failure	 24% fewer admissions 19% lower medical costs \$3,552 PMPY savings 	
Hypertension	 14% fewer admissions 6% lower medical costs \$456 PMPY savings 	

*Outcomes based on 2014 integrated analysis. Savings apply to members with conditions listed. Results shown do not represent a guarantee of outcomes; group-specific results and cost savings will vary.



*Results based on 2018 clinical and cost-of-care programs for enterprise Commercial and Exchange business; medical cost offsets based on Medication Review.

Member and provider engagement

Through different outreach programs — like Medication Review and Pharmacy Outreach — we can help change member behaviors and encourage them to close gaps in care, support cost management programs and stay on track with their medications.

Ingenio^{Rx}, si



GOVERNOR'S TASK FORCE ON REDUCING PRESCRIPTION DRUG PRICES

STATE OF WISCONSIN

Task Force on Reducing Prescription Drug Prices

Role of PBMs

Brent Eberle, RPh MBA Senior Vice President, Chief Pharmacy Officer

January 22nd, 2020



Agenda

- Navitus Overview
 - SSM Health
- What services does a PBM provide
 - Beyond contracting activities
- PBM Business Models
 - How does a PBM get paid
- PBM Legislative Activity
 - Overview of activity in WI
- Appendix: Civica Overview





Navitus Overview



Introducing Navitus Health Solutions

Navitus is an industry leading, pass-through pharmacy benefit manager (PBM) and serves as an alternative to traditional PBMs. We're committed to making prescriptions more affordable for plan sponsors and their members. That's why we've *reinvented pharmacy benefit management* to more effectively reduce costs and improve health.



- Founded in 2003



- Owned by SSM Health in St. Louis, MO



6 million members and growing



 Nationwide presence with corporate campuses in Madison and Appleton, WI; Austin, TX; and Phoenix, AZ





Serves 600+ clients including employers, health plans, government, unions, etc.



 URAC accredited PBM and specialty pharmacy



 4.5 out of 5 Stars EGWP Rating by CMS, the highest among PBM-sponsored EGWP Plans*





What does a PBM do?



What does a PBM do?

Cost Management

- Pharmacy Network Management
 - Retail / Retail-90 / Mail / Specialty
- Formulary & Rebate Management
- Plan Design & Benefit Management

Utilization Management

- Prior Authorization & Step Therapy
- Concurrent & Retrospective Drug Util. Review
- Population Health Programs
 - Medication Therapy Management
 - Adherence & Persistency Programs
 - Appropriate use (Opioid Mgmt. Programs)
- Specialty Pharmacy

Operations

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- Member & Pharmacy Call Center
- Eligibility Management
- Plan Builds & Plan Testing
- Government Program Support
 - Medicare Part D
 - Managed Medicaid
 - Healthcare Marketplace (ACA Exchange Plans)

Technology

- 24-7 Sub-second Claims Processing
- Data Security
- Data Analytics & Reporting
- Web and Mobile Applications
- eHealth Services
 - eRx (formulary & benefit info.)
 - ePA (electronic PA)
- Real Time Benefit Check



Population Health Overview Anagement Member Safet Nanagement Education • Drug Interactin • Drug Ren • Clin

- High Cumulative Dose
- Opioid Overutilization Edit

Programs

- Respiratory Health Program
- Opioid Overutilization Program Pharmacist On-site Consulting
- Pharmacoadherence
- RDUR Safety Program Suite •
- Vaccine Program
- PGx

Reports

- HEDIS
- First Fill
- PMN
- Diabetes Care Optimization
- PAN Reporting

Drug Trend/Cost Savings

Formulary Management Tools

- OTC Alternatives
- Step Therapy
- Strategic Benefit Plan Designs
- Trend Report

Point-of-Service Edits

- Package Size Multiplier Edit
- Point-of-Service Tablet Splitting
- Refill Too Soon Edit

Programs

- Prescriber Insights (PDUR)
- RDUR Cost Program Suite
- Specialty Split-Fill

Industry Relations & Contracting

Rebate Mgmt



Value-Based Design Bluestar Diabetic Management

Navi-Gate Star Ratings

Education

Clinical Newsletter

Formulary Optimization

Formulary Management

Prior Authorization

Electronic PA

Quantity Limits

Utilization Management Tools

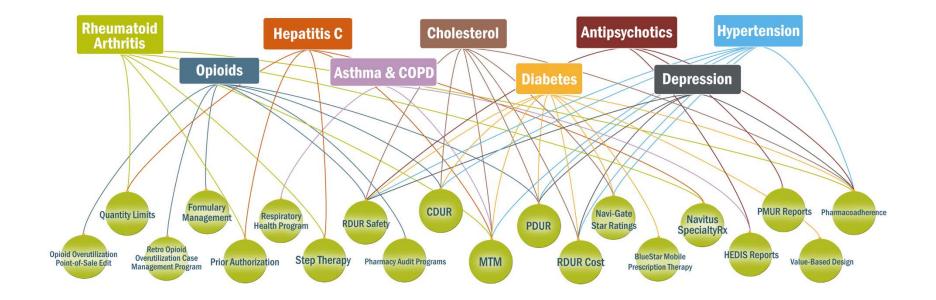
- High Cost Claims Review
- Medical Pharmacy
- Data Integration

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Programs MTM

Navitus SpecialtyRx Pharmacy Care Incentives (PCI)

Population Health





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Importance of Pharmacy Auditing

Common Billing Errors

- Metric Quantity vs. Unit Quantity
- Day Supply Errors Impact Plan & Member Pay Amounts
- Test Claims Not Reversed

Questionable Business Practices

- Pre-printed order forms
 - Leave off lower cost / formulary options
 - Recommend higher than needed quantities
 - "cross out items not needed"
- Compounding Experimental & Investigations Therapies
 - "Foot Bath"
 - Topical Pain Relievers
- Diabetic Supplies / Gray Market
- Heat Zone Activity
 - Pharmacies located in heat zones that are outreaching to prescribers out of State for Medicare members and providing mail order type services without a relationship with those members.

Note: All dollars Navitus recovers in an audit are returned 100% to the plan sponsor



Selling of Diabetic Supplies

"how to sell my diabetic supplies"

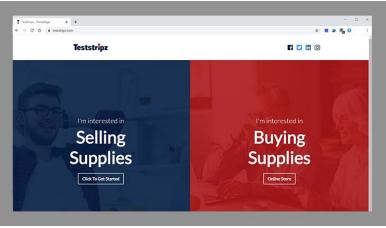


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TestStrips4Money.com



AmericanMedicalSurplus.com



TestStripz.com





Preprint Form Example

CATIGORY	DRUG DIRECTIONS		DIRECTION5			REFILL
PAIN	- 37	CLOFENAC	APPLY 1 TO 2 GRAM	S TO THE APPECTED AREA(\$) 3 TO 4 TIMES DAILY AS LONG AS DIRECTED BY PHYSICIAN.	200 GRAMS	
		DO/TETRACAINE 6-7% CREAM	APPLY 1 TO 2 GRAM	S TO THE AFFECTED AREA(S) 3 70 4 TIMES DAILY AS LONG AS DIRECTED BY PHYSICIAN.	240 GRAMS	
		CREAM	APPLY 1 TO 2 GRAM	S TO THE AFFECTED AREA(S) S TO A TIMES DAILY AS LONG AS DIRECTED BY PHYSICIAN,	180- GRAMS	
	-0.0	PLORASONE 05% OINTMENT	APPLY 1 TO 2 GRAM USE 2 WEEKS ON, 1	S TO THE AFFECTED AREA(S) 3 TO A TIMES DAILY AS NEEDED FOR INFLAMMATION (AVOID FACE). WEEK OFF, USE AS LONG AS DIRECTED BY PHYSICIAN,	120 GRAMS	
SCAR		ALCIPOTRIENE 005% CREAM	APPLY 1 TO 2 GRAM USE 2 WEEKS ON, 1	S TO AFFECTED AREA(S) UP TO 3 TO 4 TIMES DAILY AS NEEDED FOR SCARS (AVOID FACE). WEEK OFF. USE AS LONG AS DIRECTED BY PHYSICIAN.	120 GRAMS	
		PLOBASONE 05% CINTMENT .	APPLY 1 TO 2 GRAM USE 2 WEEKS CH, 1	TO AFFECTED AREA(3) UP TO 3 TO 4 TIMES DAILY AS NEEDED FOR SCARS (AVOID FACE). WISK OFF. USE AS LONG AS "SECTOR BY PHYSICIAN.	120 GRAMS	
TOPICAL ANTIAUNGAL		CREAM DOO	APPLY 1 TO 2 GRAM	TO AFFECTED AREA(S) I TO 2 TIMES DAILY AS DIRECTED BY PHYSICIAN.	120 GRAMS	3
	ALORASONE STATE	APPLY I TO 2 GRAM	S TO AFFECTED AREA(S) UP TO 3 TO 4 TIMES DAILY (AVOID FACE). 74. Y Y J J J WEEK OFF. USE AS LONG AS LIRECTED BY PHYSICIAN.	120 GRAMS	3	
FOOTBATH ANTIBIOTIC ANTIBUTION	2 2	INCOMYCIN	EMPTY & VANCOMY WAIT UNTIL HOT WA	CIN CAPSULES, ADD THE HALVED CAPSULES TO HOT WATER AND STIR TO DISSOLVE. TER COOLS TO WARM WATER, THEN SOAK FEET FOR 15 TO 30 MINS, I TO 2 TIMES DAILY.	360 CAPSULES	3
	L I EC	CREAM	ADD 42.5 GRAMS (H HAND(S). SOAK AFF	ALF A TUBET TO THE WARM WATER IN THE FOOT BATH SOAKING PAIL AND MIX VIGOROUSLY WITH ECTED AREAS FOR 15 TO 30 MJ. JUTES, 1 TO 2 TIMES DAILY.	2550g OR 30 TUBES	2
NSAID		APROXEN SOD CR Sing TABLETS	TAKE I TABLET BY M	DUTH TWICE DAILY AS NEEDED FOR PAIN.	180 TABLETS	
		NOPROFEN IOmg CAPSULES	TAKE 1 CAPSULE BY	MOUTH THREE YIMES A DAY AS NEEDED FOR PAIN.	90 CAPSULES	
PPI		HEP SOD-BICARB	TAKE 1 CAPSULE BY	KOUTH EVERY MORNING WITHOUT FOOD.	30 CAPSULES	
WELLINESS		EBOLIC BLETS	TAKE 1 TO 2 TABLETS FOUC ACID, 1mg VIT	BY MOUTH DALLY. (125mg VIT. MIN C, 500IU VITAMIN D3, 25mg THAMINE, 12.5mg VITAMIN B6, 1mg AMIN B12, 5mg NADH, 50mg COENZYME Q-10).	60 TABLETS	
ORAL		EDNISOLONE mg/Sml	TAKE 1 TSP (5mL) &Υ THEN TAKE 1 TSP (δn	MOUTH 3 TIMES DAILY FOR 4 DAYS. THEN TAKE 1 TSP (5mL) BY MOUTH 2 TIMES DAILY FOR 3 DAYS. L) BY MOUTH ONCE DAILY FOR 2 DAYS OR UNTIL FINISHED.	100 MALULITER	
MUSCLI RELAXER	1 25	UNZOXAZONE Omg TABLETS	TAKE 1 TABLET BY MO	PUTH 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASMS OR PAIN.	90 TABLETS	
ANTI NPECTIVE	D 41	UPEROCIN G CREAM	APPLY 1 TO 2 GRAM	TO THE ARFECTED AREA 3 TIMES DAILY. USE AS LONG AS DIRECTED BY A PHYSICIAN.		
STEROID		FLORASONE 5% OINTMENT	APPLY 1 TO 2 GRAM	TO AFFECTED AREA(S) UP TO I TO 4 TIMES DAILY AS NEEDED. WEEK OFF AS LONG AS DIRECTED BY PHYSICIAN.		
MIGRAINE		NATOL QUID SOL'N	TAKE 1 TO 2 TABLESS (50mg/15ml BUTALB	OONS BY MOUTH EVERY & HO'JRS AS NEEDED FOR MIGRAINE (MAXIMUM & TABLESPOONS PER DAY). [AL, 325mg/15ml ACETAMINC/HEN, 40mg/15ml CATECNE]		
ATCH		OCAINE PATCH	APPLY 1 TO 2 PATCH IF APPLICABLE, ALTER	TO AFFECTED AREA(5) FOR UP TO 12 HOURS IN A 24 HOUR PERIOD. ATE WITH CREAM, USE AS LONG AS DIRECTED BY PHYSICIAN,		
SORIASIS		LCIPOTRIENS	APPLY I TO 2 GRAMS	TO AFFECTED AREA(S) TWICE DAILY. USE AS LONG SA DIRRCTED BY PHYSICIAN.		



Preprinted Forms

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 7500 Security Boulevard Baltimore, Maryland 21244-1850



- Investigations and Audits Group
 Date: November 20, 2019
- To: All Medicare Advantage Organizations (MAOs) and Prescription Drug Plan Sponsors (PDPs)
- From: Kathleen McGinty, Acting Group Director
- Subject: Alert: Foot Baths and Soaks

The Centers for Medicare & Medicaid Services (CMS), in collaboration with the Investigations Medicare Drug Integrity Contractor (I-MEDIC), has been made aware of questionable prescribing and dispensing of multiple drugs (typically antibiotics and antifungal medications) that are being used in a foot bath. Beneficiaries are provided a foot spa free of charge, with instructions from the pharmacy to mix the medications with water in order to soak their feet.

These high-reimbursable medications are being provided to Medicare Part D beneficiaries, primarily through telemarketing efforts. These medications are often dispensed without medical necessity or pursuant to true medical relationships. In addition, they may be of limited clinical value and may be harmful to patients, if used as dispensed.

These drugs are typically provided monthly and are of limited clinical effectiveness in the manner they are being utilized by the beneficiaries. Drugs such as oral capsules, ointments, and injections may be dispensed to beneficiaries with instructions to combine in the footbath. These drugs may have limited ability to work topically in a footbath as prescribed and dispensed. The purported indications for use of these combinations used in this manner, may not be medically accepted indications (MAIs) and are, at best, investigative and experimental treatments.

Potential patient harm is a significant concern for these unapproved treatments. Topical soaks are not the standard of care in treatment of foot infections such as diabetic ulcers, and could be actively harmful to the healing process. In addition, harm can occur through patients being confused regarding atypical directions for drug products which conflicts with typical drug information available in pharmacy systems for patient education. For example, a beneficiary may mistakenly ingest vancomycin capsules orally, as indicated by the pharmacy drug information printouts because this is the usual route of administration. However, this may result in the disruption of normal gastrointestinal (GI) bacteria, thereby causing symptoms such as abdominal pain, nausea, and diarrhea by overgrowth of abnormal bacteria, including those that are potentially drug-resistant.

INFORMATION NOT RELEASABLE TO THE PUBLIC UNLESS AUTHORIZED BY LAW:

This information has not been publicly disclosed and may be privileged and confidential. It is for internal government use only and must not be disseminated, distributed, or copied to persons not authorized to receive the information. Unauthorized disclosure may result in prosecution to the full extent of the law. *Footbath & Soaks Pricing \$200 - \$9,000 per Rx* (average \$2,000)



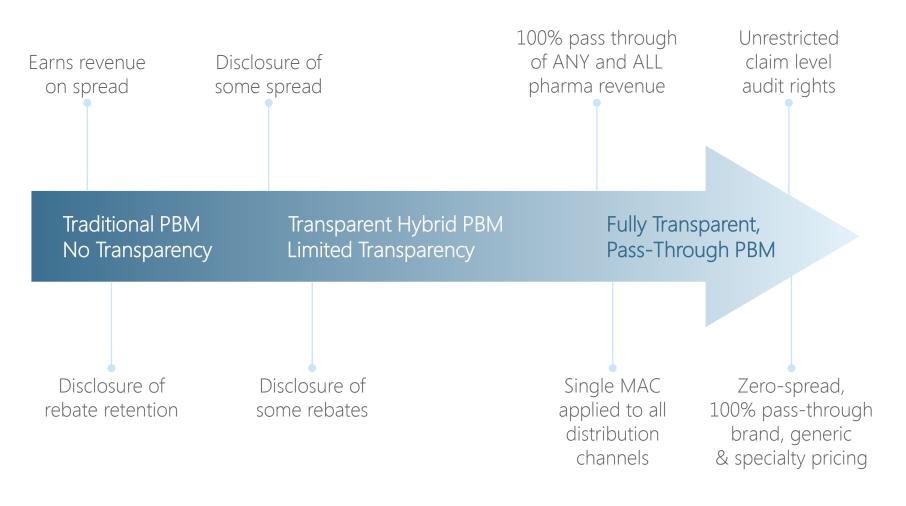




PBM Business Models



Degrees of PBM Transparency









Trend Performance

5-Year Total Net Cost PMPM Comparison – Cumulative Impact



Published Avg

We are generating long-term savings with a 5-year cumulative PMPM of \$57.13, which is 14% less than the industry average

Source: Navitus drug trend analysis and published PMPM figures from other PBMs in the industry including Express Scripts and CVS, 2018.



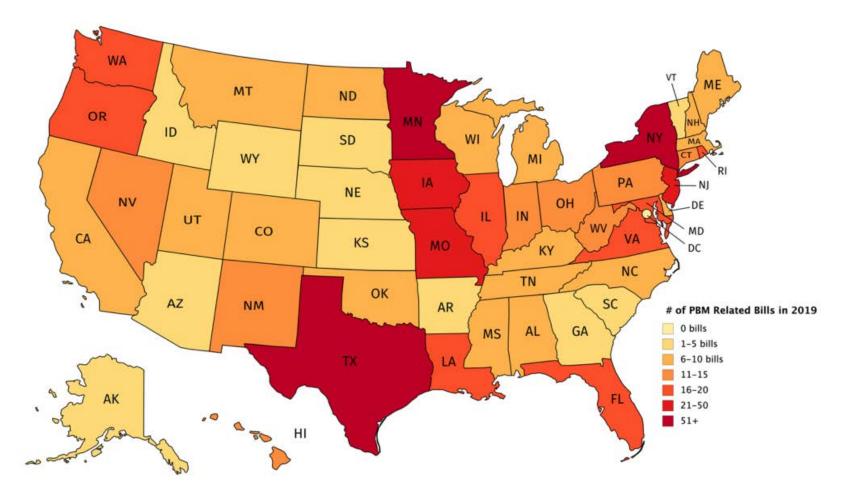


PBM Legislative Activity



2019 STATE LEGISLATION RELATED TO PHARMACY BENEFIT MANAGEMENT

50 states considered over 650 bills affecting PBMs. More than 150 of these bills were adopted.





TYPES OF LEGISLATION REGULATING PBMs

States are considering legislation covering a range of topics related to PBMs. Below is an snapshot of the legislation.

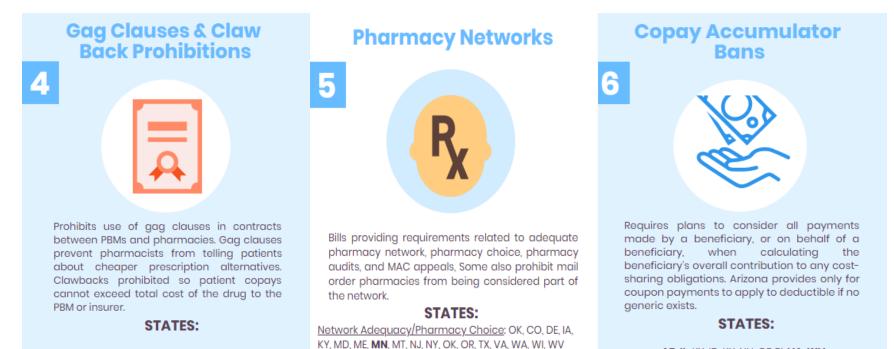


Note: bolded states indicate adopted legislation



TYPES OF LEGISLATION REGULATING PBMs

States are considering legislation covering a range of topics related to PBMs. Below is an snapshot of the legislation.



Audits: FL, LA, NJ, MN, NM, OH, OK, PA, RI, SC, TN, TX, VA,

Appeals: AZ, FL, HI, IN, LA, MA, MD, MN, NM, NY, OR, SC

WI.WV

AL, IN, DE, HI, IL, IN, LA, MA, MD, ME, MN, MT, NC, ND, NE, NJ, NM, NV, NY, OH, OK, OR, PA, SC, SD, TN, TX, WA, WY AZ, IL, KY, ID, KY, NH, OR RI, VA, WV

Note: bolded states indicate adopted legislation



PROPOSED WISCONSIN PBM LEGISLATION

Concepts currently being contemplated

- PBMs to register with the Wisconsin Insurance Commissioner (OIC)
 - Navitus and many other PBMs currently have WI licensure with OCI under current law related to "Employee Benefit Plan Administration"
- Price transparency requirements
 - Submission of annual rebate reports
 - Pharmacies to publish the "cash" pricing of their top 100-150 products
- Prohibit gag clauses and claw backs in pharmacy contracts with PBMs
 - Gag clauses are now prohibited by federal law
 - Prohibit Claw back to prevent the patient from paying more than cost of the drug
- Regulate how a PBM's audit of pharmacists and pharmacies
 - Governed by the contract between the PBM & the pharmacy
 - Many audit elements are dictated to the payors by CMS (Medicare/Medicaid)
- Limits mid-year formulary changes
 - Limits the plans ability to control costs
- Requires adequate pharmacy networks and allows patients to use their pharmacy of choice without penalty
 - Can increase drug costs by eliminating pharmacy competition





Thank You.



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Established September 2018

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Committed to transparency, **a oneprice-for all model**, and its membership is open to all

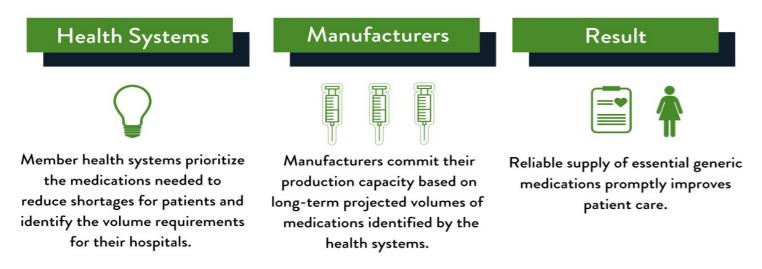


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REDUCING DRUG SHORTAGES THROUGH COLLABORATION





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Fair Transparency **Promote** No Fees or and Sustainable **Not-For-Profit** and Rebates Competition **Prices One Price** Advanced Transparency Manufacturing Strategic Long-Term Redundant Location of in Appropriately **Stockpiles** Guaranteed Manufacturing Manufacturing Regulated (Safety Stock) Contacts Facility **Countries**

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Ensure stable and predictable supply of essential generic drugs, correcting shortages



Be a conscience of the market, serving as a check against aggressive pricing behavior of generic drug manufacturers



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CIVICA Quality Supply Sustainability

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STATE OF WISCONSIN

GOVERNOR'S TASK FORCE ON REDUCING PRESCRIPTION DRUG PRICES

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